AHERN & HELLER HOUSE RESIDENT GUIDELINES

EXPECTATIONS/REQUIREMENTS:
Active plan seeking long-term housing - Plan:
☐ Adherence to a care plan that addresses psychiatric stability
☐ Bedroom clean, odorless, floor free of all debris
☐ Behavior that is acceptable to peers
☐ Change address prior to discharge
☐ Clothing that is tasteful, clean
☐ Conserve energy by turning off lights, electronics & closing doors, windows when AC or heat on
Daily routine based on recovery, and community participation
□ Door codes are shared with no one
☐ Food is kept only in the kitchen
☐ Garbage and/or recycling is taken out weekly
☐ Guests visiting based on conversations with peers
☐ Independent self-care with safety needs of self & others being met
Linens & towels washed minimum of every 2 weeks
☐ Minimal amount of personal belongings
Personal electronics used in respectful and safe manner
Personal hygiene that meets socially acceptable standards
 Smoking only in designated outside area, disposal in containers only
☐ Thirty (30) day notice prior to leaving
Yard care completion appropriate to the season
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NOT ALLOWED: Adding locks anywhere in the unit Alcohol, mind-altering drugs, even if legal Candles, incense, plug-in air fresheners, extension cords Intimate relationships with peers or others on the premise Parking behind the buildings without permission Pets Overnight guests must have approval of peers and Berry House staff Smoking anywhere other than designated outside area; No vaping on the premises
☐ Weapons of any kind
NOT SUPPLIED: Bedding, towels Bus passes Food Household supplies - cleaning products, toilet papers, etc. & personal hygiene products Internet
SUPPLIED:
$oxedsymbol{\square}$ Furnished house with exception of items listed under NOT SUPPLIED
☐ Heat, electricity, water, landline
☐ Mattress covers and protectors
☐ YMCA passes upon request

